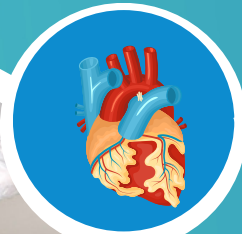




DR. INDRANILL BASU-RAY

INDRANILL BASU RAY, MD(Med), DNB (Card), FACP, FACC
PHYSICIAN SCIENTIST VEDANTIST SPIRITUALIST
MEDITATOR YOGI

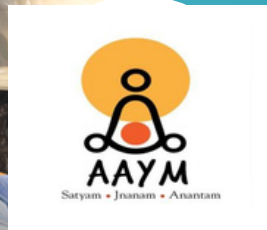


Cardiologist and Interventional Cardiac Electrophysiologist.

Director of Cardiovascular Research & Chairman: Interdepartmental Committee for Cardio Pulmonary Resuscitation. Memphis VA Medical Center. Memphis, TN, USA, 38104.

Adjunct Professor; School of Public Health; The University of Memphis, Memphis, TN, USA.

Adjunct Professor of Cardiology & Head of Integrative Cardiology: All India Institute of Medical Sciences, Rishikesh, Uttarakhand- 249203.



American Academy for Yoga in Medicine.

FOUNDER & CHAIRMAN

It's a professional non - profit organization dedicated to advancing the integration of yoga therapy into healthcare.

The Principles and Practices of Yoga in Cardio Vascular Medicine.

EDITOR & AUTHOR

The world's first book on this subject, featuring contributions from over 80 authors worldwide.



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Profile:

- **Former Instructor in Medicine (Cardiology): Harvard Medical School,**
- **Former Assistant Professor of Medicine: Tulane University**
- **Editor in Chief: The Principles and Practice of Yoga in Cardiovascular Diseases.** -World first academic book on Yoga and Cardiovascular Disease.2

Associate Editor:

- **Bio Med Central Cardiovascular Journal, (Impact Factor: 2.298) Nature Publication.**
- **Frontiers in Cardiology, (Impact Factor: 6.5), Frontiers Media SA**
- **Avenue du Tribunal Federal 34, 1005 Lausanne, Switzerland.**
- **Frontiers in Cell and Developmental Biology, (Impact Factor: 6.684)**

Editorial Boards:

- **Heart Rhythm Case Reports:** Editorial Board 2019-present.
- **Associate Editor:** Bio Med Central Cardiovascular Medicine- A Springer Nature Publication.
- **Associate Editor:** Frontiers in Medicine, Frontiers in Public Health.
- **International Journal of Yoga:** Editorial Board.
- **Indian Journal of Pacing and Electrophysiology:** Editorial Board. 2003-2010

Books:

- **The Principle and Practice of Yoga in Cardiovascular Medicine, Springer Nature:**
Editor in Chief: Dr. Indranill Basu-Ray.

This is the world's first reference book covering the role of Yoga in Cardiovascular Diseases. It details epidemiology, physiology, pathology, prevention, and management of cardiovascular diseases based on the current scientific understanding of Yoga. Seventy five experts from four continents, including the most notable names, contributed to this work to create the world's first comprehensive reference literature on Yoga in cardiovascular medicine. The chapters cover information related to Yoga, both as prevention and therapy, including coronary artery disease, heart failure, and arrhythmias. In addition, important cardiovascular topics like obesity and diabetes mellitus are also included. A special chapter covers the role of Yoga in the prevention of cardiovascular complications in COVID-19 patients.

- **Clinical Cardiology 2nd Edition Paras Publisher, 2003, 2016.**
Editor: Dr. Indranill Basu-Ray.

Written by over forty cardiovascular physicians from all over the world discussing all 8 important cardiovascular topics on a case-by-case basis. It is an extremely popular manual for house staffs, residents, primary care physicians, internal medicine physicians and cardiologists.

- **Yoga in Cardiovascular Disease and Cardiac Rehabilitation, Elsevier (in preparation).**

A Book to be published by world's top publisher will have over 50 eminent physician scientists worldwide contributing to create the first medical book on the use of Yoga in Medicine. All the chapters will be co-authored, and the Editor will be Dr. Basu-Ray.

Newspaper & Magazine Articles:

TOI Times of India: <https://timesofindia.indiatimes.com/blogs/author/indranill-basu-ray/>



Daily O: <http://www.dailyo.in/lifestyle/ancient-india-kriya-yoga-doctors-miracles-spirituality-vivekananda-krishna-mahabharata/story/1/9726.html>



Huffington post: http://www.huffingtonpost.com/entry/brocas-brain-to-buddhas-brain_us_576967a8e4b03fd30eb81b9d



Science India Magazine: <https://scienceindiamag.in/magazine/2022-Nov/>



Swarajya Magazine: <https://swarajyamag.com/author/296250/indranill-basu-ray>

He also writes for The Telegraph, Hindustan Times, The Statesman, Amar Ujala, Dainik Jagran, and Daily Bartaman.

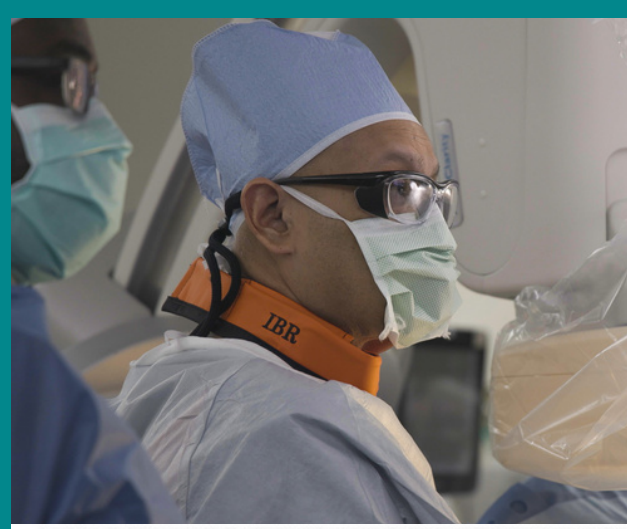
Television Interview & Shows:



By Joyce Peterson and Lydian Kennin
Published: May. 11, 2023 at 10:43 PM CDT



MEMPHIS, Tenn. (WMC) - The Memphis VA Medical Center is the first hospital in the Mid-South to treat heart failure patients with a new technology that gives them a second chance at life.



Indian American Doctor honored for blending cardiology with yoga



STAFF REPORTER Indranill Basu Ray, was awarded a Doctor of Science in Yoga by S-VYASA (Swami Vivekananda Yoga Anusandhana Samsthana), a leading institution in the field of yoga research and education. The institute recognizes Dr. Ray's contributions to the field of integrative medicine and his efforts to popularize the health benefits of yoga. Dr. Ray's book "The Principles and Practice of Yoga in Cardiovascular Medicine" received praise from Prime Minister Narendra Modi. The book, which provides a guide of how to use yoga to treat the modern health problems, has received praise from the Indian Prime Minister Narendra Modi in 2022. Dr. Basu Ray's award serves as an inspiration to others in the medical and scientific communities who are working to bridge the gap between traditional healing practices and modern medicine. By recognizing his outstanding contributions, S-VYASA hopes to raise awareness about the benefits of yoga and to encourage the medical and scientific communities to explore the field of integrative medicine.

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US-based yoga academy helps Bengal in Cov fight

Priyanka Dasgupta @timesgroup.com
Kolkata: As part of its initiative to fight Covid-19, as many as 96 co-ventilators are being donated to the state government by the American Academy of Yoga and Meditation (AAYM). These co-ventilators, manufactured by Boston Scientific in the USA, have already reached Delhi and should be arriving in Bengal in the next few days. State finance secretary Manoj Pant told TOI, "The academy has been kind enough to send us these co-ventilators. This will greatly help to enhance our infrastructure in the government's fight against Covid. The academy has given us a list of hospitals where these can be distributed," Pant said. According to Indranill Basu Ray, who is the chairman of AAYM, co-ventilators are "non-full functional ICU ventilators". "It requires patients to be intubated and connected to the ventilator and oxygen supply connected to it just as any ventilator. Using a simple mechanism, it then delivers breath under pressure. The number of breaths can be modulated with a simple mechanism. This ensures delivery of oxygen under pressure to patients," said Basu Ray, who is the staff cardiologist and cardiac electrophysiologist of Memphis VA Medical Center. "However, physicians trained in its use must ascertain its correct usage," he added. Poorless Hospital CEO Sudipna Mitra told TOI, "An organization has offered to sponsor such machines for us. This will certainly be helpful for transporting critical patients." Pritimoy Chakraborty, director of disaster management and relief operations of the Bengal chapter of AAYM, said, "The state government has taken special effort so that the customs duty for importing these machines are waived off."



American Academy of Yoga and Meditation to supply co-ventilators to help India fight Covid-19



PTI, Washington, JUN 22 2021, 09:14 IST | UPDATED: JUN 22 2021, 09:14 IST

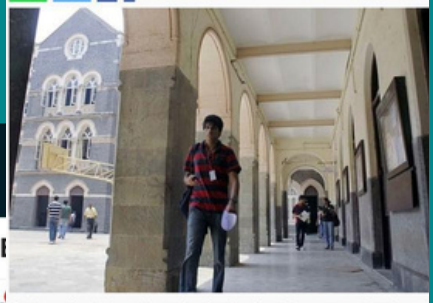
A non-profit yoga and meditation body in the US has announced to support India during the Covid-19 by supplying co-ventilators to the



Home Dashboards Magazine

Re-Evaluating Reservation: Balancing Meritocracy And Fairness In India's Education System

by Indranill Basu Ray - Saturday, July 8, 2023 11:42 AM IST



NATIONAL

Delta: India's Second Wave Ruled By Deadliest Covid ...

Delta: India's Second Wave Ruled By Deadliest Covid Variant, Should We Worry?

The Delta variant is way more transmissible than the alpha variant and is also much deadlier.

Dr Indranill Basu-Ray Updated: 14 Jul 2021 10:11 Pm

Delta means change. Unfortunately, the change is disastrous as far as covid virus lineage goes. Delta variant, also known as B.1.617.2, is the name of the virus causing the present wave in India christened by the WHO. The Delta variant has been



सत्यमेव जयते
प्रधान मंत्री
Prime Minister

New Delhi
श्रावण 10, शक संवत् 1944
1st August, 2022

Dr. Indranill Basu Ray Ji,

It is a pleasure to learn about the book – 'The Principles and Practice of Yoga in Cardiovascular Medicine' authored by you.

Furthering health and wellness, Yoga is India's gift to the world. In today's fast-paced world, Yoga has emerged as one of the most potent unifying forces globally.

Yoga helps eliminate stress and negativity, leading the path towards positivity. May the publication generate greater awareness about the manifold health benefits of Yoga.

I am sure that your endeavour will inspire readers to take up Yoga in even larger numbers.

Best wishes for all success of your endeavour.

Yours,

(Narendra Modi)

Dr. Indranill Basu Ray
Chairman, American Academy for
Yoga & Meditation



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Indian-American doctor urges Bengal govt to step up battle against Covid-19

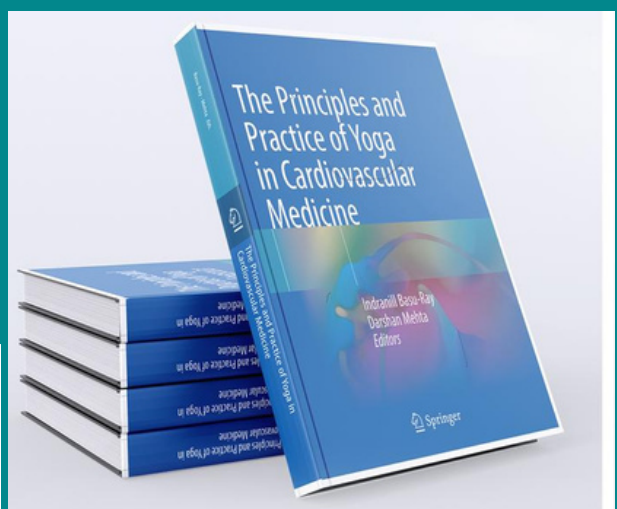
Washington | By Press Trust of India | Posted by: Shankhyaneel Sarkar

American Association of Physicians of Ind...
https://aapiusa.org › 2022/06 PDF

INDRANILL BASU-RAY MBBS, MD(Med), DNB (Card), FACP, FACC.

12-Jun-2022 — Dr. Basu Ray is on the editorial team of numerous cardiovascular and medical journal...

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